CHIVALRY AND COURCESY

Medieval Manners for a Modern World

"Playful, learned, and bursting with golden nuggets of information—a joyful book that shows us how medieval history still matters in surprising ways."

—Dan Jones, New York Times best-selling author and presenter of Netflix's Secrets of Great British Castles

"Daniele Cybulskie has done it again: no one is better at bringing the medieval world to life. . . . There's so much to learn from the Middle Ages, and this wonderful book—supremely elegant, witty, expert, and wise—is the ideal guide.""

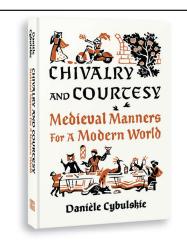
-Helen Castor, author of She-Wolves and Joan of Arc

"A must read for anyone who wants to brush up on the finer points of etiquette, or who just wants to be a better human being."

—Eleanor Janega, author of The Once and Future Sex: Going Medieval on Women's Roles in Society

edieval society was nothing if not well mannered: order was cherished in nearly every facet of life, from regular handwashing to daily prayer. *Chivalry & Courtesy* explores the world of etiquette from the time of Chaucer to the court of Elizabeth I, encompassing table manners and interpersonal relationships as well as running a household and ruling a kingdom. With wit and insight, author Danièle Cybulskie draws on a wide variety of primary sources, from courtiers' handbooks to romantic poems, and draws out the core principles of medieval etiquette—such as generosity, kindness, and respect—which still apply today.

Danièle Cybulskie is the author of How to Live Like a Monk (Abbeville), Life in Medieval Europe, and The Five-Minute Medievalist. She is the creator and host of The Medieval Podcast and ExtraMedieval, and is a contributor to Medievalists.net.



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Also by Danièle Cybulskie How to Live Like a Monk ISBN 978-0-7892-1413-3

Advance finished copies are available—contact Colette Laroya, Marketing & Publicity Manager, claroya@abbeville.com to request a copy.





Wine was such an essential part of medieval culture that making it often appears as asymbol of the Chenging seasons, as on this calendar page for September.

Book of Homes, bit 9, c. 1450-55 (docul).
Geny Masseum, Len Angeleo, MS 2.

moment came, however, it was considered uncough to take more than your portion, no matter how good not food vas. Gluttony, as one of the seven deadly sim, was unbecoming and spoke ill of a person's character. For was seen as a lack of judgment and control, and never was was seen as a lack of judgment and control, and never was this more evident than in a person's consumption of alcohol.

Üfering wine was often the first gesture of hospitality,

Offering wine was often the first gesture of hospitality and it was to be given freely to intrick guests, unexpected visitors, and even lowly mestengers. Although people did finith water, win, then as now, was associated with sophistication, wealth, and generosity. When was used to celebrate, toaks, and said agreements between people making the sharing of it inherently a gesture of friend ship. After all, it losses you inhibitions in the company of another is to trust them with your safety, and often you

At a large adult event in today's world, alcohol is often served, whether as preclimered rimbs or a bottle of wine for the table, and medieval people had the same expectation. Much as modern guest inny appreciation as open har at a weedling, a evel-tracked party in the Middle Ages meant whether the server of the server of the server of the back's openthanded attitude to worst food and drink, but also the quality of the food and drink themselves.



Orunkenness, depicted at the bottom table, was looked upon is both sinful and unsophisticated. The figures at the top table are showing the sober temperance of the well-mannered. c s upsetting to other peomost of everything to other is c, it's expected from those. Jrinking alcohol is often er's cultures) as symbolic of tes to sealing deals or celessis frowned upon as a sign

s still seen as a gesture f iriendship, this is perha ce refinement. Whether i reception, or a UN summ n the gateway to good rel ke a positive impression of s nost.



Sample spreads from Chivalry & Courtesy



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